



## *San Angelo Business and Professional Women's Club*

### *Individual Development Program*

**Increase Your Poise and Self-Confidence! Improve Your Self-Image!  
Develop Your Communication and Speaking Skills!**

Register now for this motivating course designed to support women in developing skills and abilities to succeed in meeting both their personal and professional goals. The program is open to everyone!

*Saturday, February 24, 2007*

*8:00 a.m. - 4:30 p.m.*

*San Angelo Health Foundation*

*418 W. Avenue B*

*Registration Fee: \$35.00*

*Student Fee: \$20.00*

*(Registration includes breakfast and lunch)*

### **TOPICS**

Understanding Communication Styles  
How to Create Presentations  
How to Give Oral Presentations  
Networking

Interviewing Tips and Techniques  
Negotiating Skills for the Workplace  
Developing Leadership Qualities  
Parliamentary Procedures

Developing Goals  
Develop Media Relationships

For more information or to register, contact  
Ann Burmeister, 651-8142 home  
Register early--class size limited.