



WOMEN IN ACTION

San Angelo Business and Professional Women's Club

WOMEN IN ACTION

For October 2007

FROM OUR PRESIDENT

Mission: Building our Future on the Shoulders of our Past

Our speaker last month, Del Velasquez from **Downtown San Angelo, Inc.**, was very informative about upcoming events and changes coming in the future to our downtown area. Information about the "Sheeptacular" to be held on October 13th is listed below. I would like to thank Mary B., Vice-President, for her time in lining up some really 'spectacular' speakers for our club this year.

We are fortunate to have **Rita Guthrie** from the Tom Green County Crisis Intervention Unit as our speaker at the October meeting. I would really like to encourage everyone to come to our meeting to hear this speaker. If you all ready have dinner plans, please try to swing by in time to hear Rita. You never know when some day the information about this unit may help you save someone's life. I know from experience that it is easier to talk someone into getting help when you have some knowledge of what help is available. AND it is even better when you can say that you have personally met someone from the group you are trying to send and/or take someone to. Twenty, thirty, forty, etc. years ago, this type of help was not available. Thanks to BPW and other women's organizations working tirelessly on legislation over the years to protect the rights of women and children, Crisis Intervention Units are now available. And you might be surprised how many men also make use of their services. There is always more that needs to be done and BPW will continue to speak out for women's rights and legislation.

Next week BPW celebrates National Business Women's Week. Mary B., Marie R. and Hortense W. have arranged a variety of events to help celebrate this week. All the information is on page 2. Even is you can only drop by for a few minutes, please try to attend the early morning coffee or evening wine tasting events. Tell your friends and we will all celebrate! The banquet at Miss Hattie's looks to be a great evening with wonderful food. The entrants for our Women to Watch are such remarkable women, you will not want to miss out meeting them! Our clubs Woman of the Year and Caduceus nominees will also be recognized.

Women helping Women - yep, that's BPW!
Tricia Affleck, President

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WOMEN IN ACTION is the monthly newsletter published for the San Angelo Business & Professional Women's Club.

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Downtown San Angelo, Inc.'s *Sheeptacular* event/activities In collaboration with Downtown Merchant's Association:

October 13, 2007

- Pancake Breakfast sponsored by Lions Club. 8:00 a.m. at corner of Chadbourne and Concho Avenue
- Sheep on Parade: 11:00 a.m. Starts at 5th Street. down Chadbourne, left on Concho Avenue to Oakes and back to 5th Street) Spectators will have the opportunity to vote for their favorite painted sheep. The winner will be crowned "Miss Wool" 2007.
- Arts & Crafts booths on sidewalks of North Chadbourne throughout the day
- Miss Wool Memorabilia Display in the Jabberwocky Building 33 E. Concho Avenue throughout the weekends events

"Shepherd's Shindig" dinner/concert/dance beginning at 6:00 p.m. - dinner served at 6:30. Tickets are \$60 and become available on September 18, 2007. Those wishing to attend the concert/dance only can pick up \$30. tickets in DSA's office located in the Cactus Hotel, 36 E. Twohig, Suite 110 FMI: 655-1234

San Angelo BPW News and Upcoming Events

If you haven't heard or read about it, **The Moving Wall replica of the Vietnam Veterans Memorial** will be on display at Fort Concho, 630 S. Oakes St. The Display will open at 3 p.m. this Thursday and close at 4:30 p.m. on Sunday. The Wall will be accessible 24 hours a day during that time. This will be the third time The Wall has been to our town. It was here in 1990 and 2002. The Standard-Times, in this Sunday's edition, had a special 16 page insert about the Wall that was sponsored by the Standard-Times, local businesses and individuals. I think the timing of the Wall being here is a reminder of the purpose our troops are serving for in the Middle East. Please go see it even if you have seen it before.

Meeting:

October 11th

Nacho's Restaurant
5:30 networking, 6:00 dinner, 6:30 speaker

Rita Guthrie

Tom Green County Crisis
Intervention Unit

Cost of dinner is \$12.00
Please consider bringing a guest!

Birthday Wishes

Kay B.	Oct. 8
Elaine M.	Oct. 29



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National Business Women's Week October 15 - 19

Let's start this week off with a BIG BANG!!

Mon. October 15th	7:00 A.M. Meet at Texas Coffee Company - 2201 Knickerbocker Road Coffee, Homemade Muffins, Rolls Meet to Honor National Business Women's Week
Tues. October 16th	5:30-7:00 P.M. Meet at D'Vines Wines - 113 East Concho Wine tasting; cheese & crackers Network & meet with other business women
Thurs. October 18th	6:30 P.M. Miss Hattie's Restaurant - 26 East Concho Dinner - tickets are \$20.00 Honor our Women to Watch, Woman of the Year & Caduceus

COMING SOON - MARK YOUR CALENDAR

Whose Face Is in the Mirror

A woman's story of survival and self-empowerment. To outsiders, Dianne Schwartz lived a charmed life. She had won the title of Mrs. Arizona, acted in nationally televised commercials, performed as a professional singer, and operated her own business. Dianne was shamefully hiding a dark secret: Her home life was poisoned by the physical and emotional abuse perpetrated upon her by her husband.

In this moving and inspirational work, Dianne reveals how therapy gradually helped her to escape from the nightmare of abuse and move towards true healing. In her book *Whose Face Is in the Mirror*, Dianne reveals how to recognize the warning signs of domestic violence, listen to your inner spirit, rid yourself of false beliefs, and love yourself enough to protect your precious soul. Her honesty in detailing her thought processes provides enormous insight into the psyche of a victim of abuse, while her ultimate recovery offers hope to others trapped within the cycle of domestic violence.

Event Info: October 11, 2007 - 11:30 AM - 1:00 PM

United Methodist Church Celebration Hall \$25.00 per person (food by the Silo Restaurant and Tumble Weeds)

For tickets please call 942-6757

Got Pallets? Angelo State University needs your help to light up the night sky for homecoming, Friday, October 12th. Homecoming and the traditional bonfire are right around the corner, but the pallets for the bonfire are currently in very short supply. Can you help? If you have pallets in any quantity that you can donate, please contact Betty Thorpe at 942-2036, and she will schedule an ROTC cadet to come by and pick up your pallets. Our Chamber is on record to support our educational facilities, and this is one small way our membership can help to preserve a tradition that inspires pride in our past and current students.

What: Eco Fair and Family Day

When: October 20, 2007 10 a.m. - 5 p.m.

Where: San Angelo Museum of Fine Arts, One Love Street, San Angelo, Texas

Admission: FREE

Contact: Jade Norris educator@samfa.org or Joy Noguess joy@samfa.org, or call the Museum at 325-653-3333

Description:

This day-long festival includes a dedication ceremony for the new eco-friendly ponds adjacent to the Museum on the Concho River, key-note speakers, demonstrations, exhibitor booths (both for and non-profit,) artist booths, food vendors, fun hands-on activities for the whole family, and much more, all in the name of environmental awareness! If you are interested in exhibiting or participating in the fair, please contact us. Website: www.samfa.org



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Think about these dates and see if you will be able to schedule some time to help as a BPW representative:

Veterans Parade Nov. 10th
Ticket booth at Christmas at Fort Concho

INFORMED AND ACTIVE WORKING WOMEN

Business and
Professional
Women/USA

LEGISLATIVE HOTLINE

1 *

Secure Funding for Johanna's Law

Help

2* National Business Women's Week

3* Pure Prevention

1* While Johanna's Law: The Gynecologic Cancer Education and Awareness Act was signed by the President in January, 2007, we still need to secure funds for the government to implement the law. BPW members have the power to make decisions on how the government spends money next year and Members of Congress need to hear from you! BPW members helped to get this bill signed into law and we can also help get it adequately funded. Within the next two weeks, the bill that may or may not include money for implementation will be completed.

Make sure your legislator knows that you want \$9 million included in the bill for Johanna's Law!

2* Next week is National Business Women's Week (NBWW)!

Since 1928 Business and Professional Women/USA (BPW/USA) has sponsored National Business Women's Week®. Each year during the third week of October BPW/USA, its State Federations, Local Organizations and the business community as a whole that the opportunity to acknowledge the accomplishments of workingwomen.

The objectives of National Business Women's Week® (NBWW) are:

- * To promote full participation and equity for women in the workplace;
- * To publicize the achievements of business and professional women on the local, state and national level;
- * To publicize the objectives and programs of BPW/USA as they relate to the millions of business and professional women across the country.

Over the years, National Business Women's Week® has become an event widely recognized by public and private institutions and local communities. Each state and community tailors events and activities to meet its needs. Activities include WOMENomics Forums, Woman of the Year Awards, Women Joining Forces programming, Employer of the Year Awards, displays and exhibits, dinners and educational programs.

BPW/USA has received the 2007 National Business Women's Week Presidential Proclamation from the White House. If you would like a copy please email Elisabeth Gehl at egeh1@bpwusa.org.

3* Did you know that only one in 10 women who have breast cancer have a genetic history of the disease? In fact, science is increasingly pointing to environmental factors in the sharp rise of breast cancer.

As part of Breast Cancer Awareness Month, the Breast Cancer Fund and LUNA Bar have launched Pure Prevention, a new campaign to educate women about the environmental causes of breast cancer and empower them to ask, act, and live to reduce their risk of the disease. What we put in and on our bodies can make a difference. By learning the facts, we can make smart choices about the products we use every day.

Pure Prevention focuses on 5 Tips for easy, everyday actions to help reduce the risk of breast cancer : Create a Healthy Home; Eat Smart; Choose Safe Cosmetics; Get Outside; and Join the Campaign to spread the word.

With over 200,000 American women to be diagnosed with breast cancer this year, it is crucial to expand the conversation about prevention!

**San Angelo Business and
Professional Women's Club**



To advertise in our newsletter, please
contact Tricia @ 656-5487.

Monthly Meeting

October 11th

Rita Guthrie

Tom Green County Crisis
Intervention Unit

Nacho's Restaurant

5:30 networking, 6:00 dinner, 6:30 speaker

BPW NETWORKING LUNCH

Come join us at noon at China Gardens

Tuesday, October 23rd

Have a nice lunch with old and new friends!

Cost is \$10.00 For more information, contact Tricia at 656-5487.

The Business & Professional Women of San Angelo meet on the second Thursday of the month.
Reservations are required for the number of meals. Please call 656-5487 for reservations.
For more information or membership applications please contact tr23@suddenlink.net